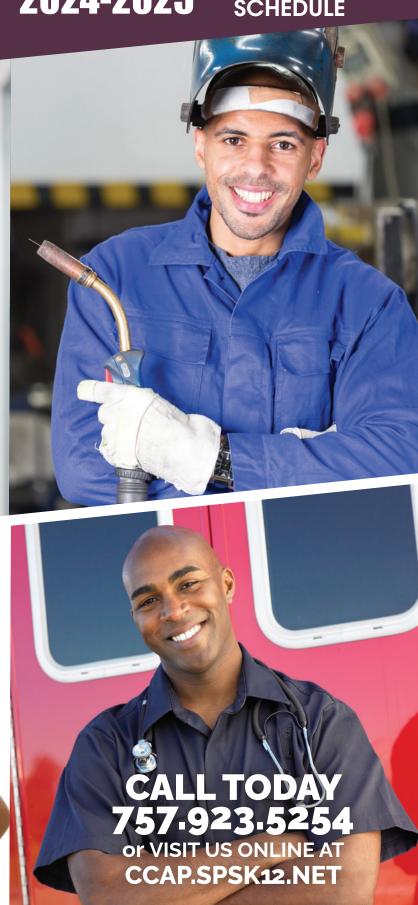


FALL | WINTER 2024-2025 ADULT CLASS SCHEDULE

4169 PRUDEN BOULEVARD, SUFFOLK, VA







MISSION STATEMENT



GED® CLASSES AND **INFORMATION**



NORTHSTAR DIGITAL **LITERACY**



GED® TESTING SCHEDULES



PEARSON-VUE AUTHORIZED TEST CENTER



CPR/FIRST AID CLASSES



SPECIAL INTEREST CLASSES

MISSION STATEMENT

The mission of the adult education program at The College and Career Academy at Pruden is to ensure adults are offered high quality educational programs that provide unlimited opportunities in a growing, changing society. To this end, we are committed to high standards of learning that allow adults to enter post-secondary education and training to prepare for the workforce, and excel in a global economy.

FOR INFORMATION CALL 757.923.5254



CAREER TRAINING

COSMETOLOGY

NURSE AIDE

WELDING

DUAL CREDIT PROGRAMS FOR HIGH **SCHOOL STUDENTS/ REGISTRATION FORM**

SCHOOL POLICIES AND INFORMATION

STUDENT DATA FORM

TRAINING OPPORTUNITIES

HOW DO I **ENROLL** IN CLASSES THAT WILL HELP ME

PREPARE

FOR MY GED® TEST?

Call the GED office and schedule a placement evaluation.

Arrive at 4:00 p.m. for your scheduled session.

Prepare to stay at least 3 hours for registration and testing.

Attend classes at a location convenient for you.

SATELLITE LOCATIONS

Suffolk Workforce Development Center

157 N. Main Street Second Floor Suffolk, VA 23434

East Suffolk Recreation Center

138 S. 6th Street Suffolk, VA 23434



help with math and writing?

The adult education program at The College and Career Academy at Pruden offers writing and math tutoring to help you improve your skills. Attend sessions while enrolled in classes or while waiting to enroll. Call the Adult Education Office and get the extra assistance you need to pass the GED® test.

The College and Career Academy at Pruden is a partner with the Hampton Roads Workforce Council. Adult and Continuing Education is sponsored by the Suffolk Public Schools Division. Visit us at ccap.spsk12.net

GED & ESOL PROGRAMS



GED

(General Educational Development) GED classes incorporate Workplace Readiness Skills and prepare students for the GED test. Students take practice tests and receive instruction

in Language Arts, Mathematics, Science, and Social Studies.

PRE-GED

Classes incorporate Workplace Readiness Skills and prepare students for GED instruction. Students improve basic skills by receiving instruction in

Reading, Language and Mathematics.

ESOL

(English for Speakers of Other Languages)

Speaking, Writing, and **Listening** are the focus of instruction in ESOL classes. Students learn life skills that assist them with entry into the workplace and daily living.





FALL GED & ESOL CLASSES

GED® & Pre-GED®	The College & Career Academy at Pruder
GED® & Pre-GED®	Suffolk Workforce Center
ESOL	The College & Career Academy at Pruder
GED® & Pre-GED®	East Suffolk Recreation Center

Sept 17 - Dec 17	T/TH	6:00 PM - 8:30 PM
Sept 16 - Dec 17	M-TH	9:00 AM - 12:00 PM
Sept 16 - Dec 18	M/W	6:00 PM - 8:30 PM
Sept 17 - Dec 17	T/TH	5:00 PM - 7:30 PM

GED PLUS / CAREER PATHWAY CLASSES

Nurse Aide/GED®
Nurse Aide/GED®

The College & Career Academy at Pruden
The College & Career Academy at Pruden

Sept 10 – Jan 23	T/W/TH	5:30 PM - 8:30 PN
Feb 11 – June 17	T/W/TH	5:30 PM - 8:30 PN

GED TUTORING

GED® Math GED® Writing The College & Career Academy at Pruden The College & Career Academy at Pruden

Oct 21 - Dec 16 NΛ 5:00 PM - 8:00 PM Oct 23 - Dec 18 5:00 PM - 8:00 PM

WINTER GED & ESOL CLASSES

GED® & Pre-GED® GED® & Pre-GED® **ESOL**

GED® & Pre-GED®

The College & Career Academy at Pruden Suffolk Workforce Center The College & Career Academy at Pruden

East Suffolk Recreation Center

Jan 21 - May 29 T/TH Jan 13 - May 29 M-TH M/W Jan 13 - May 28 Jan 21 - May 29 T/TH

6:00 PM - 8:30 PM 9:00 AM - 12:30 PM 6:00 PM - 8:30 PM 5:00 PM - 7:30 PM

*Tutoring sessions are FREE to students enrolled in Pre-GED and GED classes. Textbook fees are approximately \$15 to \$50.

- Essential Computer Skills
- · Internet Basics, Using Email, Windows 11
- · Essential Software Skills Microsoft Word. Excel, PowerPoint, Google Docs
- Using Technology in Daily Life Social Media, Information Literacy, Career Search Skills, Supporting K-12 Distance Learning, and Your Digital Footprint.

Customized Training Options through Northstar Digital Literacy

Training is customized to meet the needs of individual groups and organizations. Complete our online survey and customize a class to help you with projects at work or home. Call us to schedule today. Classes are offered in three sessions for a total of nine hours of instruction.

Select from the following courses

Computer Basics Internet Basics Windows 11 Email MS Word Office 2016

Social Media MS Excel Office 2016 MS PowerPoint Office 2016 Google Docs



All classes are scheduled to begin after 4:00 pm. Monday through Thursday. Minimum group size: 4 (Group rate: \$189 plus \$49 for Maximum group size: 10 (Group rate: \$399)

2024-2025 PLACEMENT EVALUATIONS

Evaluations are required for entrance into ESOL, Pre-GED and GED classes. Call 757-923-5254 to schedule an appointment for one of the dates below. Placement evaluations are FREE and start promptly at 4:00 p.m. All prospective students must be at least 18 years of age and have valid ID for admittance into the session.

September 5, 12, 19, 26 October 3, 10, 17, 24 **November** 7, 14, 21 December 5, 12 **January** 9, 16, 23, 30 February 6, 13, 20, 27 March 6, 13, 20, 27 April 3, 10, 24 May 1, 8, 15, 22, 29 **June** 5, 12, 19, 26

The GED Ready® **Practice Test is offered** by appointment only

at The College and Career Academy at Pruden. Please call 757-923-5254 to schedule a test.

IF YOU PASS THE PRACTICE TEST YOU **GET TO TAKE THE ACTUAL TEST FREE!** OTHERWISE, YOUR FEES WILL **BE AS FOLLOWS:**

VIRGINIA TEST FEES

VA GED Test Fee \$36 per subject Retest Fee \$10.00

OFFICIAL PRACTICE TEST FEE

\$3.00 per subject

Afraid to take the GED® test? Let us help by giving you the official GED® Practice Test. The computer-based test will give you firsthand experience answering questions written and developed by the official GED® test creators. The test assesses test-takers in 4 areas:

Mathematical Reasoning, Science, Social Studies and Reasoning Through Language Arts.

GED Ready test takers are likely to pass the official GED test subjects when they receive passing practice test scores.

For only \$3.00 per subject, you will be able to identify areas of strength and weakness. You will know how much preparation will be needed to successfully pass the required four subject areas.

TESTING SCHEDULES



2024-2025 GED TEST SCHEDULE

GED.com for the official GED test

dates listed below. Candidates need to schedule a minimum of two dates to complete the required battery of tests. The testing center opens at 4:00 p.m. on

Register online at Friday and 8:30 a.m. on Saturday. The cost for candidates taking the complete battery of tests (4 modules) is \$144. Each test module is \$36.

> Call the Adult Education Office at The College and Career Academy at Pruden for additional information at 757-923-5254.

GED TEST DATES

September 13, 14, 27, 28 October 11, 12, 25, 26 November 1, 2, 15, 16 **December** 6, 7, 13, 14

January 10,11,24,25 **February** 7, 8, 21, 22 March 7, 8, 21, 22 April 4, 5, 25, 26

May 9, 10, 23, 24 **June** 13, 14, 27, 28 **July** 11, 12, 25, 26 August 8, 9, 15, 16



you get there. Contact us to complete your final test.

BENEFIT

- Special boot camps to help you with subjects like math
- ✓ Vouchers to take the test for FREE
- Online learning options
- ✓ Tutors who can work with you one-on-one
- Connection to resources that can help with childcare, transportation, assistance, etc.

ONE TEST TO GO?

LET US HELP YOU FINISH WHAT YOU'VE STARTED! YOU ARE BRAVER THAN YOU BELIEVE. **STRONGER THAN YOU** SEEM, AND SMARTER THAN YOU THINK.



CALL US 757-923-5254



GED® TESTING PROGRAM

We give you the power and knowledge to succeed with our prep classes, then, you can build confidence by taking the official GED Practice Tests, and when you're ready, we offer free GED testing and more.

FREE GED® TESTING!

Call 757-923-5254 FOR MORE INFORMATION

PEARSON VUE AUTHORIZED TEST CENTER

THE COLLEGE AND **CAREER ACADEMY AT PRUDEN** is a PEARSON VUE **AUTHORIZED TEST CENTER,** providing on-site, on-demand testing for certification and professional licensure exams.



SCHEDULE YOUR NEXT EXAM TODAY!

CONTACT US AT

757-923-5254OR VISIT US AT

ccap.spsk12.net

CPR | FIRST AID







► ADULT & PEDIATRIC CPR/AED

Adult CPR - Be prepared for the most serious emergencies! Take alone or in combination with Standard First Aid. Course certified by the American Heart Association. Course Code 100

Materials and Supplies Fee: \$40

		00		
9/28	SAT	8:00 AM - 12:00 PM	4HRS.	\$50
10/12	SAT	8:00 AM - 12:00 PM	4HRS.	\$50
11/9	SAT	8:00 AM - 12:00 PM	4HRS.	\$50
12/14	SAT	8:00 AM - 12:00 PM	4HRS.	\$50
1/25	SAT	8:00 AM - 12:00 PM	4HRS.	\$50
2/8	SAT	8:00 AM - 12:00 PM	4HRS.	\$50

▶STANDARD FIRST AID

This course includes the basics none of us can afford to be without! Take alone or in combination with Adult or Infant/Child CPR. Course certified by the American Heart Association. Course Code 101.

Materials and Supplies Fee: \$40

9/28	SAT	1:00 PM - 5:00 PM	4HRS.	\$40
10/12	SAT	1:00 PM - 5:00 PM	4HRS.	\$40
11/9	SAT	1:00 PM - 5:00 PM	4HRS.	\$40
12/14	SAT	1:00 PM - 5:00 PM	4HRS.	\$40
1/25	SAT	1:00 PM - 5:00 PM	4HRS.	\$40
2/8	SAT	1:00 PM - 5:00 PM	4HRS.	\$40

► EMT BASICS

Become an Emergency Medical Technician, and you can help others when they need it most. This course prepares students to take the EMT certification exam administered by the Virginia Office of Emergency Medical Services. Students must hold a current CPR healthcare provider certification. Textbooks are not included in the cost of the class. Course Code 200 5:00 - 8:00PM 10/7 - 5/5M/W 155 HRS. \$525

SAVE \$\$ WHENYOU **REFER A FRIEND**

Save \$5 dollars

when your referral signs up for your class.



ALL SPECIAL INTEREST CLASSES ARE OFFERED AT THE COLLEGE AND CATREER ACADEMY UNLESS STATED OTHERWISE

SPECIAL INTEREST CLASSES

► HOLIDAY HORS D'OEUVRES

Just in time for the holidays! In this hands-on class, Chef Maia Jones will teach you how to elevate any event to the next level with some of the best and most impressive looking hors d'oeuvres.

3.5HRS. \$35 5:00 PM - 8:30 PM 10/23 W

►ITALIAN CUISINE

Known for its regional diversity, Italian cuisine offers an abundance of flavors and ingredients. Join Chef Maia Jones and learn to make one of the most popular cuisines in the world.

2/19 W 5:00 PM - 8:30 PM 3.5HRS. \$35

GUITAR

Learn to play the guitar with this introductory course. Entertain your family and friends by learning to play simple songs. Beginners learn to play chords and picking techniques. Private lessons are available at an additional cost.

11/18 - 11/26 M/T 5:00 PM - 7:30 PM 10 HRS. \$49 M/T 5:00 PM - 7:30 PM 10 HRS. 2/3-2/11 \$49

EXPLORE

SOMETHING NEW WITH

SPECIAL INTEREST CLASSES

Bring a friend and get a

discount when you and your friend enroll in the same Special Interest class.







ALL SPECIAL INTEREST CLASSES ARE OFFERED AT THE COLLEGE AND CATREER ACADEMY UNLESS STATED OTHERWISE.

CAREER TRAINING PROGRAMS



► HEATING, VENTILATION AND AIR CONDITIONING (HVAC)

HEATING, VENTILATION AND AIR CONDITIONING (HVAC) - Receive hands-on training and learn to install, maintain and repair essential temperature control equipment found in today's homes and businesses. Instructional topics include basic electrical circuits and components, types of compressors, metering devices, refrigerants, and heat pumps. Required text: Modern Refrigeration & Air Conditioning Course Code 5001 - 5004

PART 1	9/16/24-11/4/24	M/T	6:00 PM - 9:00 PM	45HRS.	\$220
PART 2	11/18/24-1/21/25	M/T	6:00 PM - 9:00 PM	45HRS.	\$220
PART 3	2/3/25-3/25/25	M/T	6:00 PM - 9:00 PM	45HRS.	\$220
PART 4	4/7/25-6/3/25	M/T	6:00 PM - 9:00 PM	45HRS.	\$220

► FORKLIFT CERTIFICATION

Learn safe operations and practices of a forklift and receive an OSHA approved certification upon class completion. Materials Fee: \$10 Course Code 3120

9/30/24 MONDAY 4:00 PM - 9:00 PM 5 HOURS \$65 10/28/24 4:00 PM - 9:00 PM 5 HOURS \$65 MONDAY 11/25/24 MONDAY 4:00 PM - 9:00 PM 5 HOURS \$65 12/16/24 MONDAY 4:00 PM - 9:00 PM 5 HOURS \$65 4:00 PM - 9:00 PM 1/27/25 MONDAY 5 HOURS \$65 2/24/25 MONDAY 4:00 PM - 9:00 PM 5 HOURS \$65 4:00 PM - 9:00 PM 3/31/25 MONDAY 5 HOURS \$65



COSMETOLOGY



This program is designed to prepare students for the Virginia State Board exam. (Completion of 5 modules required)

INSTRUCTION



or \$1,200

Salon **Appointments** Available CALL 757.923.5254

to schedule today!



Prepare for the Virginia State Board for Barbers and Cosmetology examination with this course. Completion of five sessions will prepare you for the state exam required for licensure. Textbooks and supplies are not included.*New Enrollment accepted in each module. Course Code 6001 - 6004

8/26/24 - 12/19/24 Mon - Thursday 5:00 PM - 9:00 PM \$1200 Mon - Thursday 5:00 PM - 9:00 PM \$1200 1/6/25 - 4/30/25 5/1/25 - 8/14/25 Mon - Thursday 5:00 PM - 9:00 PM \$1200 8/25/25 - 1/8/26 Mon - Thursday 5:00 PM - 9:00 PM \$1200 Mon - Thursday 1/12/26 - 4/30/26 5:00 PM - 9:00 PM \$1200

▶ COSMETOLOGY THEORY FOR APPRENTICES

Completion of two sessions fulfills theory requirements for the Virginia State Board for Cosmetology. Only registered apprentices may apply. Course Code 6001A

8/26/24 - 12/18/24	Mon & Wednesday	5:00 PM - 9:00 PM	\$600
1/6/25 - 4/30/25	Mon & Wednesday	5:00 PM - 9:00 PM	\$600
5/1/25 - 8/13/25	Mon & Wednesday	5:00 PM - 9:00 PM	\$600
8/25/25 - 1/7/26	Mon & Wednesday	5:00 PM - 9:00 PM	\$600
1/12/26 - 4/29/26	Mon & Wednesday	5:00 PM - 9:00 PM	\$600



NURSE AIDE

►NURSE AIDE

Students who successfully complete this program are eligible to apply to become a Certified Nurse Aide in the state of Virginia. Students learn skills required to pass the National Nurse Aide Assessment Program (NNAAP) Examination. Tuition does not include textbooks, CPR materials and other required supplies. Code 4120A

9/10/24 - 1/23/25 T/TH 6:00 PM - 9:00 PM 153hrs. \$525 2/11/24 - 6/17/25 T/TH 6:00 PM - 9:00 PM 153hrs. \$525

► NURSE AIDE SKILLS REVIEW

Review skills to improve your performance on the National Nurse Aide Assessment Program (NNAAP) Examination. This class is designed for completers of a Virginia-approved nurse aide education program. Lapsed certificate holders are permitted to enroll. Testing requirements for the NNAAP Examination are regulated by the Virginia Board of Nursing. Course Code 4120A

9/23/24 & 9/25/24 M/W 5:00 PM - 8:30 PM 7hrs. \$55 1/25/25 Saturday 8:30 AM - 3:30 PM 7hrs. \$55



EARN YOUR WAY INTO THE IN-DEMAND MEDICAL FIELD NURSE AIDE

This program is designed to prepare students for the National Nurse Aide Assessment Program (NNAAP®) Exam.

Call 757-923-5254

for more information.

Tuition Assistance Available to Qualifying Applicants

INDUSTRIAL WELDING



►WELDING

Start a path to learn a new job skill or improve your present welding skills. With individual instruction, learn the basics of welding machines, safety setup and operational techniques. Topics include SMAW, GMAW, GTAW-FCAW, Oxy-fuel cutting, and Welding and Plasma cutting. Class is 90% hands-on welding and limited to 12 people. Materials fee: \$25

An additional fee will be assessed for advanced students.

Course Code 4100

9/17/24 - 11/5/24 T/TH 6:00 PM - 9:00 PM 45HRS. \$195 11/12/24 - 1/16/25 T/TH 6:00 PM - 9:00 PM 45HRS. \$195 1/28/25 - 3/18/25 T/TH 6:00 PM - 9:00 PM 45HRS. \$195

Job Outlook

Employment of welders, cutters, soldiers, and brazers is projected to grow 3 percent from 2019 to 2029, about as fast as the average for all occupations. The nation's aging infrastructure will required the expertise of welders, cutters, solderers, and brazers to help rebuild bridges, highways, and buildings.

SOURCE: U.S. Bureau of Labor Statiscs

REGISTRATION FORM



For Office Use Only

Receipt # Payment Plan: Yes ____ No_ Payment Type: Cash Check CC

Name	First		
Last	First	MI	
Street Address		City	State Zip
Phone	Email		
Course		Dates/Time	Tuition Fee
Course		Dates/Time	Tuition Fee
Course		Dates/Time	Tuition Fee

Please use the Online School Payment (OSP) system at ccap.spsk12.net to process credit card payments.

REFUND POLICY: REFUNDS ARE GRANTED ONLY WHEN A WRITTEN REQUEST IS RECEIVED AT LEAST FIVE (5) BUSINESS DAYS PRIOR TO THE FIRST CLASS MEETING. A full refund will be given when a class is cancelled.

Get SKILLED Today BENEFIT Tomorrow

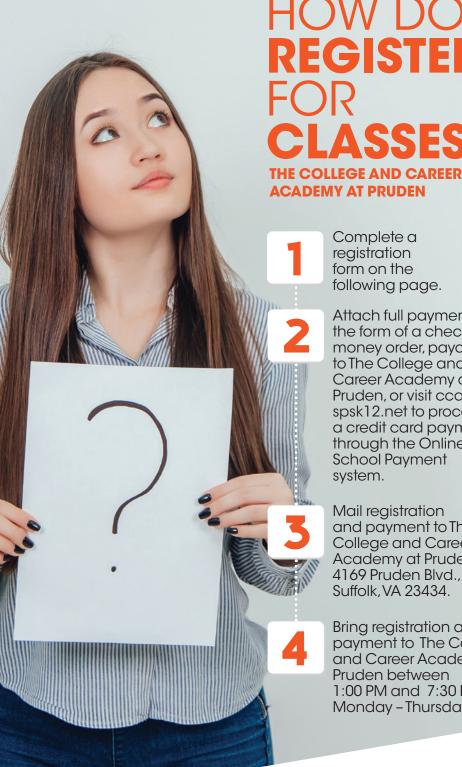
Please Visit us at ccap.spsk12.net

THE COLLEGE AND CAREER ACADEMY AT PRUDEN (CCAP)

If you are a Suffolk Public Schools student who is interested in a high wage, high demand career, please contact your school counselor or a representative at The College and Career Academy at Pruden for information on program offerings for high school students.







HOW DO I REGISTER LASSES?

ACADEMY AT PRUDEN

Complete a registration form on the following page.

Attach full payment in the form of a check or money order, payable to The College and Career Academy at Pruden, or visit ccap. spsk12.net to process a credit card payment through the Online School Payment system.

Mail registration and payment to The College and Career Academy at Pruden 4169 Pruden Blvd., Suffolk, VA 23434.

Bring registration and payment to The College and Career Academy at Pruden between 1:00 PM and 7:30 PM, Monday - Thursday.

WE DO NOT ACCEPT REGISTRATIONS WITHOUT **FULL PAYMENT**

REGISTRATION DEADLINE

Registration and payment must be received at least one week prior to the start of the class. If a class fills, you will be contacted and offered other available dates or you will

be placed on a waiting list. New classes may be created from a waiting list.

TUITION ASSISTANCE

Tuition assistance forms from an employer or agency must be submitted at the time of registration.

REFUND POLICY REFUNDS ARE GRANTED ONLY WHEN A WRITTEN REQUEST IS RECEIVED AT **LEAST FIVE (5) BUSINESS DAYS PRIOR** TO THE FIRST CLASS MEETING UNLESS THE CLASS IS CANCELLED.

A full refund will be given when a class is cancelled

RETURNED CHECKS

There will be a \$25.00 charge for all returned checks.

INCLEMENT WEATHER

Announcements will be posted on the Suffolk Public Schools website. The College and Career Academy at Pruden is closed when the Suffolk Public Schools District is closed.

CLASS CANCELLATIONS

If a class is cancelled due to lack of enrollment, you will receive notification by phone and email. Please make sure your registration form has current contact information.

AGE REQUIREMENTS

Classes are for individuals who are 18 years of age and older unless otherwise stated in the class description.

CERTIFICATES

A certificate will be awarded for successful completion of a class. Successful completion requires good attendance as well as meeting all program requirements. If professional licensure is available, it will be stated in the course description.

HOLIDAYS:

September 2

November 11, December 23 – January 3

January 20

February 17

April 14-18

May 26

June 19

STUDENT DATA FORM

4169 PRUDEN BOULEVARD, SUFFOLK, VA | 757.923.5254 | CCAP.SPSK12.NET



YOU MUST BE 18	YEARS OF AGE OR O	LDER to enroll in continu	uing education classe	s.This form must be c	completed by all students.
Instructions: Typ		f age and not enrolled onses to questions. Use		I return completed fo	orm to The College and
	BLOCK IS FOR OFFICE	USE ONLY.		Course ID	
Name	First				
				011	7
					Zip
Home Phone ()	Work Phone ()	Cell Phone	9()
Social Security No Gender Male	` ` ~ /		Date of Birth	1	
Ethnicity		Race _			-
Hispanic/Latin		Asian Indian or Alaska Native			
How did you he	ar about this course	? Please check only o	one.		
Advertisemen	nt Personal Initiati	ve Recruitment A	ctivities Referral		Other
Check one of th	ne following as it rela	ites to your education	nal attainment:		
High School D	Diploma	GED Certificate	☐ College	e Degree	☐ Not Applicable
Name of high so	chool attended:				
Highest educat	ional level complete	d:			
Program Type:					
□ EMT	Cosmetology	HVAC			
Nurse Aide	Welding	Other			
Employment Sto	atus - please check o	one:			
Retired	Employed 1-10 ho	urs per week	Employed 40 or	more hours per weel	k
Unemployed	– Not Seeking Employi	ment	Employed 11-20	hours per week	Employer
Unemployed	- Seeking Employmen	t Employed 21-39 h	ours per week Add	ress	
Is your tuition bei	ng paid by an agenc	y/organization? If yes, p copy of p <u>ay</u> ment a <u>uth</u> orization	lease specify n must be attached.)		
	his course for certificat	ion? LYes LNo			
BY MY SIGNATU		E ABOVE INFORMATIO gnature	ON IS CORRECT		





PLEASE SEND YOUR RESUME TO:

The College and Career Academy at Pruden Adult Education Department 4169 Pruden Boulevard • Suffolk, VA 23434

FIND OUT WHAT'S IN STORE FOR YOU!

2Mission Statement	9Special Interest Classes	13 Registration Form
3-6 GED® Classes and Information	10 Career Training	14Frequently Asked Questions
4NorthStar Digital Literacy	11Cosmetology	14 School Policies and Information
5GED® Testing Schedules	12 Nurse Aide	15 Student Data Form
7 Pearson VUE - Authorized Test Center	12Welding	16 Training Opportunities
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